

DR. STEPHEN F. WOOD  
13410 N.W. Military Hwy.  
SAN ANTONIO, TEXAS  
78231 210-558-3133

## PERSONALIZED DENTAL CARE

### HOW TO CARE FOR YOUR PROVISIONAL/TEMPORARY CROWNS

Provisional crowns are meant to be a temporary restoration. They are custom made and fitted for your individual tooth. Provisional are a temporary protective restoration fabricated from an acrylic material. Because this restoration is made of plastic and temporary cement is used to keep it on your tooth they are not intended to last more than 3 months. If after 3 months the temporary breaks or has to be remade there will be a charge. If it just needs to be recommended there is no charge.

Please avoid mouthwashes for the first two weeks following your crown preparation. Because the cement we use is not intended for permanent cementation the following may occur:

- \* Sensitivity on the tooth
- \* The temporary crown may fall off and you could swallow it or lose it
- \* Decay may leak in under the temporary and other problems may occur

### SIGNS THAT YOUR PROVISIONALS MAYBE LOOSE:

- \* Taste of cloves or medicine in your mouth
- \* A feeling that your provisional is rocking or moving
- \* A bad taste or odor in your mouth

### AVOID THESE FOODS WHILE WEARING PROVISIONALS:

- \* Hard chewy breads such as bagels or French bread
- \* Chewy candies such as taffy, caramels or gum
- \* Hard crunchy foods such as corn nuts or popcorn kernels
- \* do not bite into foods such as corn on the cob or apples

### CARE OF YOUR PROVISIONALS:

- \* Brush at least 3 times a day. Acrylic provisional attract more bacterial plaque than natural teeth
- \* use caution when flossing that you do not tug or pull on the provisional
- \* Never floss up and down, always pull the floss lengthwise
- \* A fluoride rinse (prescription or over the counter) may be used twice a week if you choose